**Exercise #1**

Physical Activity and Quality of Life

1. Find 4 articles on your topic.

All with the following criteria:

* + Within the last 5 years
  + English Language
  + Aged 65+ years

1. Store them in an Endnote Library.
2. Take one sentence from each article and create a paragraph (with 4 sentences total).
3. Cite and reference each sentence with its corresponding article.
4. Take 2 of these sentences and paraphrase them.
5. Add the correct citations for your paraphrase.

**Exercise #2**

NSAIDS and Alzheimer’s disease

1. Find 4 articles on your topic.

All with the following criteria:

* + Within the last 5 years
  + English Language
  + Aged 65+ years

1. Store them in an Endnote Library.
2. Take one sentence from each article and create a paragraph (with 4 sentences total).
3. Cite and reference each sentence with its corresponding article.
4. Take 2 of these sentences and paraphrase them.
5. Add the correct citations for your paraphrase.

**Exercise #3**

Vitamin D and Cardiovascular Disease

1. Find 4 articles on your topic.

All with the following criteria:

* + Within the last 5 years
  + English Language
  + Aged 65+ years

1. Store them in an Endnote Library.
2. Take one sentence from each article and create a paragraph (with 4 sentences total).
3. Cite and reference each sentence with its corresponding article.
4. Take 2 of these sentences and paraphrase them.
5. Add the correct citations for your paraphrase.

**Exercise #4**

Asthma and Air pollution

1. Find 4 articles on your topic.

All with the following criteria:

* + Within the last 5 years
  + English Language
  + Aged 65+ years

1. Store them in an Endnote Library.
2. Take one sentence from each article and create a paragraph (with 4 sentences total).
3. Cite and reference each sentence with its corresponding article.
4. Take 2 of these sentences and paraphrase them.
5. Add the correct citations for your paraphrase.

**Exercise #5**

Artificial Sweeteners and Cancer

1. Find 4 articles on your topic.

All with the following criteria:

* + Within the last 5 years
  + English Language
  + Aged 65+ years

1. Store them in an Endnote Library.
2. Take one sentence from each article and create a paragraph (with 4 sentences total).
3. Cite and reference each sentence with its corresponding article.
4. Take 2 of these sentences and paraphrase them.
5. Add the correct citations for your paraphrase.